



# Adult Summer Challenge.



Welcome! Read and complete activities to earn the badges below. For every one you earn, you can pick up a matching button at the library (excluding Bonus Badges). You must check off all activities to earn the badge. Each badge also gets you a prize ticket to enter into grand prize drawings.

## READING LOG



Level 1.

2 hours of reading

Date Completed:

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Level 2.

4 hours of reading

Date Completed:

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Level 3.

6 hours of reading

Date Completed:

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Level 4.

8 hours of reading

Date Completed:

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Level 5.

10 hours of reading

Date Completed:

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Level 6.

12 hours of reading

Date Completed:

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Bonus Badges are not required to complete the program. They do not earn buttons.

They do earn an additional prize ticket each.



20 hours of reading

Date Completed:

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50 hours of reading

Date Completed:

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100 hours of reading

Date Completed:

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# ACTIVITY LOG



Date Completed:

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Complete all the activities below to earn the "Outdoor" badge, 1 prize ticket, and a matching, collectible button.

- Go to a place you like and look around you. Observe three things you see, smell, hear, etc. that make you feel happy. Write them down.
- Go outside, for a walk if you are able, and take your phone or a camera with you. Take pictures as you go.
- Check out something that is not a book and you can do outside. Our library of things collection is a great place to start!

Complete all the activities below to earn the "Ask" badge, 1 prize ticket, and a matching, collectible button.

- Call someone you love and ask about their day. You could also ask them to tell you a favorite story from their childhood, a memory from time spent together, etc.
- Ask yourself these questions. Write down the answers if that's helpful to you.  
What small act of kindness was I once shown that I will never forget?  
What's the bravest thing you've ever done?  
What is the most common negative thought you have about yourself? What would the positive version of it be?



Date Completed:

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Complete all the activities below to earn the "Nostalgic" badge, 1 prize ticket, and a matching, collectible button.

- Re-read a book from your childhood.
- Take out some old photo albums, postcards, or letters. What stories do these bring to mind?



Date Completed:

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Date Completed:

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Complete all the activities below to earn the "Create" badge, 1 prize ticket, and a matching, collectible button.

- Color a page from one of the adult coloring pages in the library's fireside den.
- Draw a sketch of something or someone that inspires you (use a how-to drawing book as a guide if needed).
- Check out one the library's many cookbooks and try a new recipe to share with friends and family!



Date Completed:

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Complete all the activities below to earn the "Media" badge, 1 prize ticket, and a matching, collectible button.

- Watch a movie or documentary on a dvd or streaming service like Kanopy.
- Read a newspaper or magazine; or create an account for the library's new resource: Pressreader!



Date Completed:

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Complete all the activities below to earn the "Reflect" badge, 1 prize ticket, and a matching, collectible button.

- Meditate for at least 15 minutes or do yoga in the library's gardens on a Monday.
- At the end of the day, write down something you are grateful for, something you learned, something you accomplished, and something you took delight in.



Date Completed:

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Complete all the activities below to earn the "Brain Teaser" badge, 1 prize ticket, and a matching, collectible button.

- Do a logic puzzle (crossword puzzle, wordle, sudoku, etc.)
- Play a board game with family and friends like scrabble, trivial pursuit, or pictionary.
- Pick up a brain teaser card from the library to solve!



Date Completed:

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Complete all the activities below to earn the "Reading" badge, 1 prize ticket, and a matching, collectible button.

- A book with any type of fruit or flower on the cover or in the title
- A memoir about life in Iowa.
- Read a historical fiction book from any genre.
- Ask a librarian for a book suggestion.



# CONGRATULATIONS!

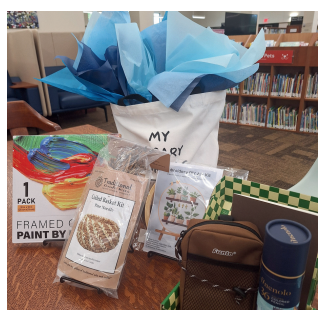
To earn this badge, you must Complete 12 hours of reading and all the activity badges.

Date Completed:

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## LET US KNOW YOUR PROGRESS SO YOU CAN EARN PRIZE TICKETS!

As you earn badges, call us at (319) 352-1223 so we can input your achievements into our tracking system. Every time you complete one of these badges, you earn 1 virtual ticket that you can use to enter our grand prize drawings! Examples of your prize options are listed below (note: not actual prizes). You can put all of your tickets into one drawing, or mix and match! You can call when you're done with the whole program, and we will check everything off, or you can call and give us periodic updates. Either way, you need to let us know what you've completed by July 27th so we can be sure you have your tickets in the drawings. Thank you for participating in our Summer Challenge!



Creative & Craft  
Hobby Bag



Outdoor  
Hobby Bag



Stationary & Writing  
Hobby Bag



Puzzle & Game  
Hobby Bag



Nostalgic & Sensory  
Hobby Bag