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2020 Healthiest State Annual Award winners announced

Workplaces, education providers, communities and individual honored

DES MOINES, IA (Feb. 7, 2020) — The Healthiest State Initiative has announced the winners of the 2020 Healthiest State Annual Awards. The winners were recognized for their efforts to improve the physical, social and emotional well-being of their students, employees and fellow lowans. The winners in the six categories are:

Healthy HometownSM Powered by Wellmark Community Award:

- Manning
- Waverly
- West Union

Individual:

• Bob King (Dallas Center)

K-12 School:

• Irving Elementary (Waterloo)

Out-of-School Program:

o Opportunity on Deck (Urbandale)

Early Care:

- Small TenderCare (Mt. Pleasant)
- Large Tri-County Child & Family Development Council (Waterloo)

Workplace:

- Small Anawim Housing (Des Moines)
- Medium Northwest Financial Corp. (Arnolds Park)
- Large Drake University (Des Moines)

"It is our honor to recognize our winners with these well-deserved awards," said Jami Haberl, Healthiest State Initiative executive director. "The work they have all done to create environments that support healthy choices in their respective sectors is innovative and impactful. Congratulations!"

Each winner was awarded a monetary prize to continue their work focused on improving the health and wellbeing of their employees, students or citizens. The Healthiest State Annual Awards were sponsored by Wellmark Blue Cross and Blue Shield, Hy-Vee, Inc., Nemours and HealthPartners UnityPoint Health.

Healthiest State Initiative looks back on successful 2019

In addition to the awards reception, Healthiest State Initiative Board President Jeff Russell gave an update on the organization and highlighted key accomplishments from 2019:

- 900+ walks across all 99 counties were registered to participate in the Healthiest State Annual Walk
- o Make It OK campaign launched in Iowa to reduce mental illness stigma across the state
- Double Up Food Bucks program doubled number of participating sites, including 14 Fareway locations, and saw 700% growth in sales over previous year
- 454 Healthy Choices Count! Registered Sites in the education, early care, after-school, workplace and health care sectors

"2019 was a year of incredible growth for the Healthiest State Initiative's programs and events: We've helped expand access to healthy choices and inspired Iowans to live healthier lifestyles," said Russell, President and CEO of Delta Dental. "As we approach the organization's 10th anniversary, we look forward to engaging Iowans to become the healthiest state in the nation."

To learn more about the Healthiest State Initiative, visit IowaHealthiestState.com.

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About the Healthiest State Initiative

The Healthiest State Initiative is a nonpartisan, nonprofit organization driven by the goal to make lowa the healthiest state in the nation. By engaging worksites, communities, schools, retail food, organizations, institutions and individuals, we can inspire lowans and their communities to improve their health and happiness, and ultimately achieve our goal. For more information, visit <u>www.iowahealthieststate.com</u>.

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